

Dear [ENTER THE NAME OF THE DEAN/PRESIDENT/PRINCIPAL],

**RE: Support for Ukrainian Canadian and Ukrainian students at [ENTER POST-SECONDARY INSTITUTION].**

Ukraine and its people are in an immense period of suffering. Ukrainian Canadian and Ukrainian students in Canada are tirelessly mobilizing and organizing to advocate for Ukrainians here and abroad, including fundraising, organizing rallies, speaking to news agencies and government officials, and assisting with refugee and immigration support. Many are undertaking these tasks while staying in contact with and carrying immense concern for their families and friends who are living and fighting in Ukraine. Not to mention, students from other Eastern and Central European countries are also operating under intense anxiety at the moment — whether their country declared a state of emergency or their families are suffering from the repercussions of the Russian invasion of Ukraine.

The **[ENTER STUDENT CLUB OR GROUP YOU BELONG TO]** urges post-secondary institutions to support and step up for their students in this time of crisis. We request that students who need it receive:

- Day-of or next-day access to mental health resources. Where possible, culturally sensitive and trauma-informed counselling in English, Ukrainian, Russian, and/or other Eastern and Central European languages is requested.
- Access to pertinent spiritual counselling. Our students have connections to religions including, but not limited to; Ukrainian Byzantine Rite Catholicism, Ukrainian Orthodoxy, and Judaism.
- Academic accommodation on compassionate grounds. Different students will require differing levels of accommodation, regardless, students must know they can receive consideration without academic penalties.
- Assistance to those who require immediate support regarding and navigating their immigration status and tuition.

It is of utmost importance that any barriers to navigating these resources be reduced. Thus, the information for students to access these resources needs to be available and clearly communicated in a centralized manner such as a mass email, web page, list, and/or a social media post.

As the largest Ukrainian student based organization in the diaspora, it is your responsibility to support us as well as the students we represent during this time.

Sincerely,

[YOUR NAME]  
[YOUR POSITION]